Any other information

If you have any further questions please ask your class teacher for more detailed information.

There will be an opportunity to come and view in more detail the growing and changing unit nearer the time of it being taught.

SCARF

Safety

Caring

Achievement

Resilience

Friendship

BISHOPS DOWN PRIMARY SCHOOL

PSHE and RSE Years 5 and 6

What is PSHE and RSE

PSHE stands for Personal and Social Health Education. RSE stands for Relationships and Sex Education. As a school we have a strong belief in the importance of PSHE and RSE and the vital role it plays in helping children to become happy and successful adults. As a school we will be using a programme of study called SCARF.

SCARF

Mapped to the PSHE and RSE Association programmes of study, SCARF is a framework consisting of lesson plans, online planning and assessment tools to give teachers skills and confidence to embed a comprehensive PSHE and Wellbeing programme throughout the primary years. SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing.

Year 5 Curriculum

There are 6 different units to be covered across the whole year :-

- Me and My Relationships – including feelings, emotions, conflicts, resolutions and friendships.
- Valuing Differences– including friendships, types of conversations, rules, rights and responsibilities, gender equality and being caring.
- Keeping Myself Safe – including habits, risk taking, bullying , cyberbullying, dares, decision making, online safety, drugs and smoking.
- Rights and Responsibilities – including facts or opinions, duties, local communities, spending wisely , lending money and local councils.
- Growing and Changing – including different emotions, trust, separation, body changes, puberty, embarrassing moments, hormones, secrets and stereotypes.

These units and lessons will all be taught at the discretion of the teacher according to their topic and the children within their class.

Year 6 Curriculum

There are 6 different units to be covered across the whole year :-

- Me and My Relationships – including working together, negotiating, friendship problems, assertiveness, peer pressure, forced marriages, appropriate and inappropriate relationships and cyber safety.
- Valuing Differences – including anti bullying, respecting differences, tolerance, positive relationships and stereotypes.
- Keeping Myself Safe – including internet safety, drugs, alcohol, medicine, happiness and independence.
- Rights and Responsibilities – including facts and opinions, social media, money, jobs, taxes, action groups, environmental organisations, environmentally sustainable ways and democracy.
- Being my Best – including keeping healthy, growth mindset, goal setting and achievement.
- Growing and Changing – including changes to our bodies, body image and the media, pressure, puberty, secrets, how babies are made and HIV.

These units and lessons within will all be taught at the discretion of the teacher according to their topic and the children within their class.