



# Beehive

## Sun Protection

Children love to play outside in the sun, but sunburn in childhood increases the risk of developing skin cancer in later life.

Children's skin is delicate but at Beehive we will endeavour to protect their skin by:

- Avoiding the midday sun (between 11am and 3pm)
- Playing in the shade
- Asking them to wear a hat that covers the ears and neck
- Covering up with a T-shirt and wear sunglasses that have UV filters
- Using a minimum of SPF15 sunscreen on exposed skin provided by parents. Apply sunscreen liberally and reapply regularly.

The Beehive is concerned about protecting your child from sunburn and skin damage. Please provide a suitable hat, such as a legionnaire's hat or sunhat. On sunny days apply sunscreen to any exposed skin. You should provide your child with a hat (labelled with your child's name please) and sunscreen.

With your consent we will also assist your child to apply sunscreen when necessary. Please complete and return the consent form below.

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### Permission to Apply Sunscreen

Child's name: \_\_\_\_\_

I am happy for my child to receive assistance to apply sunscreen if necessary whilst at Beehive

I will provide a bottle of sunscreen labelled with my child's name for use at the Club.

Signed: \_\_\_\_\_  
(parent/Guardian)

Print name: \_\_\_\_\_

This consent will remain valid whilst your child is in the care of this Club.