

*“Learning Today, Leading Tomorrow”*



**Bishops Down Primary School**

[www.bishopsdownprimary.org](http://www.bishopsdownprimary.org)

# Policy for PE

Date Agreed:	April 2016
Date for Review:	April 2019
Reviewed and updated by:	Subject Leader

## ***“Learning Today, Leading Tomorrow”***

*We believe Physical Education can aid other aspects of the curriculum and make a positive contribution to the personal, social and aesthetic development of all children.*

### **Vision**

We aim to provide for pupils to be creative, competitive and to face up to different challenges as individuals and as part of a team. We aim to promote positive attitudes towards active and healthy lifestyles and help children to develop strong self-esteem and the confidence to challenge themselves. We believe Physical Education can help install a sense of right and wrong, the ability to play fair, be inclusive, and follow rules. We aim for children to develop communications skills, analytical skills and to have the confidence to make good informed choices.

### **Aims**

- To meet the requirements of the National Curriculum and to enable all children to reach the highest possible standards of achievement.

### **To encourage pupils to:**

- Enjoy physical activity
  - Develop physical skills
  - Participate on their own or with partners and as part of a team
  - To develop teamwork and leadership skills
  - Respond to physical challenges
  - Select, set own goals, practice and make informed decisions
  - Recognise, understand, appreciate and comment upon performance
  - Recognise and appreciate the contribution of others
  - Develop skills, knowledge and understanding for sport and recreational activities
  - Understand and value the contribution that physical education can make towards health, well-being and lifestyle
  - Appreciate the importance of fair play and abiding by the rules and conduct in all activities. Develop umpiring and coaching skills.
  - Learn to cope with success and failure
  - develop self-esteem and self confidence
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- To identify talented pupils and provide them with the next steps out of school (e.g. club)

### **Equal Opportunities**

We strongly believe that all children, irrespective of physical ability, race, gender, or stage of achievement, have the right to reach their full potential in physical education so that they can take satisfaction in their achievements within their own level of ability

All children are encouraged to develop:

- Control, co-ordination and mobility
- Skill and confidence in a range of physical activities
- An awareness of physical capabilities of the body
- Co-operative skills

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- Bishops Down is a PD designated school. Our single level site provides accessibility for all, and all children with physical disabilities are taught alongside those pupils without any disability with due care for modification of activities where appropriate (including the provision of specialist equipment), the provision of parallel activities and separate activities.

### **PE programme**

Physical education is a foundation subject under the national curriculum. The PE programme is required to cover the following areas of study:

- Acquiring and developing skills
- Selecting and applying skills and tactics
- Evaluating and improving performance
- Knowledge and understanding of fitness and health

At Key Stage 1 pupils undertake activities in games, gymnastics, dance, multi-skills and athletics. In KS2 pupils also undertake activities in OAA and swimming. Following national guidelines children have 1.5 hours physical activity per week. Children are also offered extracurricular sports clubs that vary from before school, after school and during lunch time hours and these are run by a variety of different staff including pay for coaches.

In addition, PD pupils swim at Burrswood Hydrotherapy pool on a weekly basis, the year 6 attend a five day residential course as part of the OAA programme, and years 1 to 6 have access to the swimming pool at St John's Leisure Centre.

### **Assessment**

Bishops Down believes that it is crucial to monitor each child's progress in PE in order to determine each child's achievements and to plan the next step in the pupil's learning journey. Assessment tasks may include:

- Practical tasks observed by the teacher
- Small group discussions related to a practical task
- Specific assignments for individual pupils

It is important that pupils learn to evaluate themselves and others.

Verbal feedback is a vital form of assessment and motivation. A selection of stickers, certificates and trophies are used in years R-6 to recognise effort as well as ability.

Parents are informed of pupil progress through consultations, reports, informed conversations, invitations to sporting events and the sports' notice board.

### **Safety**

Bishops Down adheres to the following safety procedures:

- Rules and regulations contained in the prospectus concerning the wearing of appropriate clothing and footwear and the removal of jewellery
- Good behaviour
- Maintaining a record of medical conditions for each child
- The provision of qualified first aiders
- The adoption of safe and effective procedures for all activity sessions
- Annual inspection of equipment by properly qualified personnel

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- A good knowledge of PE guidelines
- TA's have been trained in manual handling techniques to ensure appropriate support in PE lessons
- Ear-rings must be removed or taped over

### **Facilities**

On Site: Playground (2 x netball courts and fenced ball court area)

2 x playing fields

Wooded area suitable for outside and adventurous activities ("OAA")

Indoor hall

Off Site:

Rose Hill School sports hall

Burrswood hydrotherapy pool

St Johns Leisure Centre pool

OAA organised trip for year 5 and 6 pupils

### **Extra-curricular activities**

Bishops Down offers a varied out of hours learning opportunities. Typical options for clubs include:

Gymnastics

Infant Football

Senior Football

Cricket

Tag Rugby

Netball

Dance

Athletics

Multi-skills

Basketball

Hockey

All children are encouraged to take part in the clubs provided.

Our extra-curricular activities are made possible due to the active involvement of a large number of enthusiastic and skilled teachers and adults other than teachers (AOTTs).

The school is a member of the Tunbridge Wells Primary School Sports Association which organises sports leagues and fixtures for a variety of activities. Bishops Down enters a wide variety of tournaments and festivals.

### **Training**

Most staff training is organised through the PE co-ordinator and is linked to courses provided by Kent County Council or the Tonbridge Sports Partnership. All staff teaching swimming are trained up to Module 1.