

Day 1

Timing	Agenda
9.45 - 10.30	Welcome, <ul style="list-style-type: none"> • Health & safety briefing • Introduction to bush craft (engaging discussion, exciting anecdotes and display of bush craft items) • Ice-breaker exercises - building trust and being responsible (Location: field and woods)
10.30 - 1	Survival priorities, safety, teamwork, preparing for adventure trips safely and the need for shelter. <ul style="list-style-type: none"> • Solar navigation tricks • Emergency shelters (bivvy bags, survival bags, foil & clothes) • Survival shelters activity in the woods or using tarps, string and sticks e.g. A-frame shelters, maybe wiki-up(s) • Putting up tents - lesson and team activity (Location: field and woods)
1-2	Lunch (prepared by teachers)
2 - 3.30	Introduction to knife craft: <ul style="list-style-type: none"> • Knives as tools, not toys or weapons • The law • Knife safety, safe holding, handling and passing of knives • Basic carving skills and techniques activity e.g. side cut, bevel cut, stop cut. chicken wing cut. rose cut. beaver cut (Location: field) N.B. Two groups of 15 pupils each with 3 or 4 helpers.
3.30 - 4.00	Break
4 - 5	Introduction to fire <ul style="list-style-type: none"> • Safety • Uses • Fire-triangle • Demonstration and discussion of multiple wilderness fire ignition techniques • Use of fire steels training and competition (Location: field)
5 - 6.30pm	Tea time (prepared by teachers)
6.30 - 7	Making tents and camps ready (Location: field)
8 - 9	Woodland games and/or search and rescue exercise (Location: field and woods)
9 - 10	(optional) Night walk in the woods, night navigation using the stars, North American Indian story - <i>perhaps over hot chocolate?</i> (Location: field and woods)

Day 2

Timing	Agenda
7 - 8.30	Pack away tents and tidy away kit
8.30 - 9.00	Breakfast (prepared by teachers)
9 - 10	Signal fire structure building and introduction to collecting natural tinder, kindling and fuel. (Location: field and woods)
10 - 11	Stalking, tracking, animal signs and related games. (Location: woods)
11 - 1	Foraging, wild foods, medicines and back woods cooking (Location: field and woods)
1-1.30	Lunch
1.30 - 2.30	First aid and emergency stretcher building and use. Signal fire ignition - aeroplane overhead competition. (Location: field)
2.30 - 3.00	Camp review, verification of learning and celebration. (Location: field)