



Learning Today, Leading Tomorrow

Bishops Down Primary School  
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Headteacher: Mrs C Owen

11<sup>th</sup> May 2017

Dear Parents/Guardians,

**Y5 SEX AND RELATIONSHIPS EDUCATION**

The Personal, Social and Health Education (PSHE) curriculum over Term 5 includes sex and relationship education. In year 5, pupils will learn about the following:

- Dealing with changing relationships and feelings, improving friendships.
- Keeping myself safe, making healthy choices.
- Coping with pressure and being responsible.
- Risk taking and decision making.
- How babies are born.
- Changes and puberty.

The programme offers practical guidelines for the development of self-esteem and helps children to make informed decisions about friendships, relationships and behaviour. The sessions will be taught separately in some cases but other lessons will be a mixture of boys and girls.

Mr Wyke will be teaching boy only sessions and Miss Hardman and Mrs Wilson girl only sessions. The lessons will take place over the course of the week beginning Monday 22<sup>nd</sup> May 2017.

As part of the sessions, a video will be shown. Should you wish to view the video prior to the sessions, there will be an opportunity to do so at 3.30pm on Friday 19<sup>th</sup> May 2017. We will be happy to answer any questions about how these issues are taught; you can contact us in any of the usual ways. All issues are discussed sensitively, following our published policy as well as County and National Curriculum guidelines.

We do hope that you will support this important element of our curriculum.

Please return the slip below, acknowledging your receipt of this information.

Yours sincerely,

Sophie Hardman and Debbie Wilson

Year 5 Class Teachers

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**Y5 Sex and Relationships Education Programme**

- I acknowledge receipt of the letter regarding the proposed Sex and Relationships Education programme.
- I **do not** wish my child to participate in this learning programme and would like to discuss this issue with you.

Child's name ..... (Please print) Class .....

Signed .....Date.....