



Learning Today, Leading Tomorrow

Bishops Down Primary School
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Headteacher: Mrs C Owen

11th June 2018

Dear Parents/Guardians,

Y5 SEX AND RELATIONSHIPS EDUCATION

The Personal, Social and Health Education (PSHE) curriculum over Term 6 includes puberty and relationship education. In year 5, pupils will learn about the following:

- Making choices, being responsible.
- Responding to the media and advertising, stereotyping.
- Keeping myself safe and healthy.
- Growing up, understanding and coping with mood changes.
- Empathising and coping with strong feelings, considering what love is.
- Changes and puberty.

The programme offers practical guidelines for the development of self-esteem and helps children to make informed decisions about friendships, relationships and behaviour. The sessions will be taught separately – boys and girls will not be mixed.

Mr Wyke will be teaching boy only sessions and Miss Ritchie girl only sessions. The lessons will take place over the course of the week beginning the 18th June.

As part of the sessions, a video will be shown. Should you wish to view the video prior to the sessions, there will be an opportunity to do so at 3.30pm on Thursday 14th June in Redwood Classroom. We will be happy to answer any questions about how these issues are taught; you can contact us in any of the usual ways. All issues are discussed sensitively, following our published policy as well as County and National Curriculum Guidelines.

We do hope that you will support this important element of our curriculum.

Please return the slip below, acknowledging your receipt of this information.

Yours sincerely,

A. Ritchie Rachel Cowen S. Owen

Miss Ritchie, Mrs Cowell and Mrs Owen.
Year 5 Class Teachers

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Y5 Sex Education Programme

- I acknowledge receipt of the letter regarding the proposed Sex Education programme.
- I **do not** wish my child to participate in this learning programme and would like to discuss this issue with you.

Child's name(please print) Class

Signed

Date.....